

From: Mark Sexton

To: PC Cousins, Metropolitan Police – Directorate of Professional Standards; Philip Hyland; Ian Clayton

Date: 19 August 2026 at 05:03

Subject: An emotive plea

Good morning PC Cousins,

The crimes identified are so heinous and the number of victims so great it is incumbent on the police to take immediate affirmative action.

The calibre of the witnesses, many world renowned and experts in their field, who have already made contact with you, their initial evidence submissions are more than enough to warrant an immediate cessation of the Covid 19 vaccines.

They are a biological weapon causing death and harm on a scale so diabolical and widespread for you to now step outside of the normal policing complaints procedures.

This is a humanitarian crisis in our own back yard.

Sir Mark Rowley needs to be involved, major incident rooms must be set up in all policing jurisdictions and a nationwide main stream media broadcast by all Chief Constables for the victims and the relatives of the deceased to come forward.

This is a policing decision that needs making not a political one. Independent and without fear or favour, protecting the public from harm and discharging all duties according to law. The facts dictate this not opinion.

Anyone getting in the way must be arrested.

The contact we are receiving from victims, the injured, the bereaved relatives of those taken by the vaccines, relatives of the elderly murdered in the care homes using end of life protocols is off the charts. Not just here but from all over the world. Let that sink in.

We cannot physically help these people, but they are desperate because they have nobody else to turn to due to being abandoned and ignored by the state.

We can point people in the direction of those with protocols who can help ease their suffering and help to rid their bodies of the Covid vaccines toxins and poisons.

I am exhausted, Philip Hyland and Ian Clayton too and for six years we have been trying to stop these crimes and raise awareness.

To hold those responsible to account.

Why are we doing this?

Why aren't the police listening to the people begging them for help?

Why are we collating and sending in the evidence?

Why are we connecting you to the independent experts?

Why are we dealing with the victims and the relatives of the deceased?

Why are we contacting government agencies, regulators, police forces and the judiciary?

Why are expected to do the work for free and do the work the police are paid to do?

Why are we treated like pariahs because we want to stop the harms, the deaths, the crimes?

Where's the courtesy, where's the acknowledgment, where's the thank you, where's the urgency, where's the leave this to us now we will protect the public and listen and act?

Where's the integrity, transparency, professionalism and policing curiosity to get to the truth?

Where's the accountability for those who knowingly caused these atrocities?

Why haven't we seen any arrests?

Why should we put our lives on hold for six years, be discredited in the media and social media, be on intelligence watch lists and databases, deemed crazy, anti vax, conspiracy theorists, far right protesters just because we care enough about our country and our people?

The evidence of death, harm and misery is everywhere to be seen. It's not as though it doesn't exist, we see it, you see it, everyone sees it, but nobody is allowed to acknowledge it in order to be able to deal with it.

One on one police officers tell me to keep going, we are with you, we are not allowed to talk about it we will be sacked....we all know what's going on, we are seeing it every day on and off duty.

But those same officers on duty in uniform, we are arrested, handcuffed, hit with batons, imprisoned and abused for trying to stop the vaccines, the harms, the deaths and hold those responsible to account.

Please make it make sense because I can't.

What's happened to the moral compasses and the integrity of the police?

We cannot do this on our own, we are swamped and we need so much help, support and for you, the police, to step up and do what's morally and ethically right and absolutely necessary.

I appreciate the 28-day updates, I appreciate it's a complaint investigation, I appreciate the staffing levels, I appreciate policing policy and procedures I really do.

But right now, the general public are suffering and dying on a scale so abhorrent and we all know why.

This is a national emergency that has to be acknowledged, the crimes being committed stopped and for the police to take the lead. It's not the responsibility of a retired police Constable, a Lawyer and a Solicitor to do this, it's the role of the police.

Please go to the top, please help us, please take these awful burdens we are carrying from us and protect and support the people.

This is a dire situation that must be addressed and dealt with.....now, not by waiting for the next 28 day update.

As of yesterday, South Wales Police told Mr Dale Vincent to advise the victims of the vaccines, (injuries or deaths) to come forward and report them to South Wales Police using Dale's crime number.

2600047716.

Metropolitan Police please take the lead and do the same.

Please, while we still have a fighting chance.

I am begging you to do what's right, not what's being ordered because of internal departmental policy and procedures.

Yours sincerely and hopefully,

Mark Sexton.